



Mental Health Support Team (in Education)
2 Horfield Road, Bristol, BS2 8EA

T: 0117 403 8735 E: mhstenquiries@otrbristol.org.uk

October 2022

Hello!

My name is Cerri and I am the Education Mental Health Practitioner (in training) at Court De Wyck school. I work in partnership with AWP and OTR (hosted by CAMHS), and I am part of the new Mental Health Support Team in North Somerset.

One of my main roles is to deliver one-to-one interventions with children and young people, which I have already started. My second role is a Whole School Approach to mental health, and part of this includes completing a Mental Health Audit with the school.

The Mental Health Audit looks at mental health and wellbeing within the school and gives us a chance to identify and celebrate what is going well and reflect on areas of improvement. However, I cannot do this alone and need your help! I am looking for a 'working group' who are passionate about mental health and making the school the best it can be, supporting the children and young people under our care. An ideal working group would include members from each area of the school community; SLT, teachers, staff, parents and governors.

The working group would meet ideally once every two weeks to discuss the Audit and gives you the chance to ask questions and suggest ideas (This can be flexible depending on commitments). You will be responsible for collecting data for your respectable allocation and feeding that back to our regular scheduled meetings. The meetings are there to provide support and problem solve any issues that may arise. Once data is collected, we will discuss the outcomes and create a shared action plan.

This should be an interesting and collaborative look at wellbeing in school and isn't an 'inspection' or anything formal/mandated. I am not here to 'catch you out', but to liaise with the school community to create exciting plans for the future.

This is your opportunity to showcase what Court De Wyck is all about and be at the forefront of creating positive change. It will be your hard work and dedication that will enhance the quality of experience for ALL at Court De Wyck, including; all pupils, teachers, staff and parents.

If you are interested in being part of the working group for the Mental Health Audit, or have any further questions/feedback, please contact the Mental Health Lead, Mrs Fear, or myself.

Warm wishes,

Cerri Gaskin