

**FORMAL DOCUMENT**  
for  
**COURT de WYCK Church of England Primary School**

<b>Topic:</b> Food	<b>Document Type:</b> Policy
<b>Related Documents and links to Every Child Matters agenda:</b> Equal Opportunities, Child Protection, Staff Discipline	
Date of current Review: Winter 07	Reviewed by (position): Headteacher
Name: I. Smith	Signature: R Dew Clerk to Committee
Frequency of reviews: Annual	Date for Next Review: Summer 2008
Recommended time of year for review: Term 6	Legal Requirement? No

### Document History:

Issue Number	Author/Owner	<u>Date Modified</u>	<u>Date Approved by Governors</u>	Comments
1	Community Ctte.	Spring '07	14/1/2008	New issue
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### 1.0 Introduction

The school community, Governing Body and staff of Court de Wyck School recognise the important connection between a healthy diet and a pupil's ability to learn effectively and achieve high standards in school. The Governors also recognise the role the school can play, as part of the larger community, to promote family health and sustainable food and farming practices.

The Governing Body recognises that sharing food is a fundamental experience for all people; a primary way to nurture and celebrate our cultural diversity; and an excellent bridge for building friendships and inter-generational bonds.

### 2.0 Aims

The educational aim is to improve the health of the entire community by teaching pupils and families ways to establish and maintain life-long healthy and environmentally sustainable eating habits. The mission shall be accomplished through food education; skills such as food technology, growing food, the food served in school and core academic content in the classroom.

- To improve the health of pupils, staff and their families by helping to influence their eating habits through increasing their knowledge and awareness of food issues, including what constitutes a healthy and environmentally sustainable diet, and hygienic food preparation and storage methods.
- To increase pupils' knowledge of food production, manufacturing, distribution and marketing practices, and their impact on both health and the environment.
- To ensure pupils are well nourished at school, and that every pupil has access to safe, tasty, and nutritious food, and a safe, easily available water supply during the day.
- To ensure that food provision in the school reflects the ethical and medical requirements of staff and pupils e.g. religious, ethnic, vegetarian, medical and allergenic needs.
- To make the provision and consumption of food an enjoyable and safe

experience.

- To introduce and promote practices within the school to reinforce these aims, and to remove or discourage practices that negate them.

### **3.0 Objectives**

Ø To work towards ensuring that this policy is both accepted and embraced by

- Governors
- School management
- Teachers and support staff
- Pupils
- Parents
- Food providers
- The school's wider community

Ø To integrate these aims into all aspects of school life, in particular

- Food provision within the school
- The curriculum
- Pastoral and social activities

### **4.0 Guidelines**

- Establish an effective structure to oversee the development, implementation and monitoring of this policy, and to encourage a participatory approach to meeting the objectives.
- Develop an understanding and ethos within the school of safe, tasty, nutritious, environmentally sustainable food, through both education and example.
- Create an environment, both physical and social, conducive to the enjoyment of safe, tasty, nutritious, environmental sustainable food.
- Help to promote and raise awareness of environmentally sustainable food production methods and socially responsible food marketing practices.
- Provide free fruit and vegetables for KS1 via the Fresh Fruit and Vegetable Scheme.
- Only fresh fruit and vegetables are allowed for pupils at break time, with the exception of children with special dietary requirements.
- Chocolate and crisps are not permitted across pupils at break time.
- Encourage healthy ingredients in pupil's lunch boxes.
- Provision of free water bottles to encourage fresh water drinking.
- Supervision at lunchtime to encourage responsible behaviour and play.

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